

AUGUST ELEM 2019

KANAWHA COUNTY SCHOOLS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>Cereal and Fresh fruit available every morning</p> <p>Milk Variety includes- Skim, 1% White, and NF Chocolate</p> <p>Salad bar features locally grown produce-Romaine lettuce, tomatoes, carrots, cucumbers, broccoli, cauliflower and assorted fresh fruits</p>	<p>Menu is subject to change due to availability</p>		<p>1</p>	<p>2</p>
<p>5</p>	<p>6</p>	<p>7</p>	<p>8</p>	<p>9</p>
<p>12 MVP Breakfast-2.2oz ,Yogurt Assorted Cereal- Assorted Fresh Fruit Juice Milk</p> <p>Chicken Nuggets Mashed Potatoes Green Beans, WG Roll Spinach Salad w/ croutons Milk and Garden Bar</p>	<p>13 Mini Sausage & Pancake Bites, Cereal, Fresh Fruit/ Juice Milk</p> <p>Soft Beef Taco Shredded lettuce, Diced Tomatoes, Sour Cream, Corn, Tortilla Chips Spanish Rice, Refried Beans Chilled Pear Slices Milk and Garden bar</p>	<p>14 Sausage Biscuit, Cereal Assorted Fresh fruit/ Juice Milk</p> <p>Corn Dog Orange Glazed Carrots Emoticon Fries Fresh Garden Salad w Tomatoes Pineapple Tidbits Milk & Garden Bar</p>	<p>15 Yogurt, Banana Muffin Cereal ,Fresh Fruit Milk</p> <p>Cheeseburger on WG Pretzel Bun Lettuce, Tomato, Onion Baked Beans Fresh Apple Wedges Milk & Garden Bar</p>	<p>16 Scrambled Eggs and WW Toast, Assorted Cereal, Assorted Fresh Fruit/Juice, Milk</p> <p>Stuffed Crust Pepperoni Pizza Steamed Sweet Corn Mandarin Oranges Chocolate Chip Cookie Milk and garden bar</p>
<p>19 Raspberry Churro, Yogurt, Asst Cereal, Fruit, Juice, Milk</p> <p>Chicken Drumstick Mashed Potatoes Green Beans School Made WG Roll Strawberry Applesauce Milk and Garden Bar</p>	<p>20 Ham and Cheese Muffin, Asst Cereal, Fresh Fruit, Juice, Milk</p> <p>Breakfast for Lunch Scrambled Eggs Sausage Patty WG Biscuit w/ Gravy Hash Brown Rounds Warm Cinnamon Apples Milk and Garden Bar</p>	<p>21 Breakfast Pizza, Asst Cereal, Fresh Fruit, Juice, Milk</p> <p>Spaghetti w/ Meat Sauce Cheese Stuffed Breadstick Steamed Spinach Caesar Salad w/ WG Croutons Pineapple Tidbits Milk and Garden Bar</p>	<p>Bacon Egg and Cheese Biscuit, Oats 22 Fresh Fruit Juice Milk</p> <p>School Made Pepperoni Roll Cheese Stick Orange Glazed Carrots Tri Colored Pepper Strips Frozen Fruit Sidekick Milk and Garden bar</p>	<p>Cinnamon Roll, Yogurt, Cereal 23 Assorted Fruit, Juice Milk</p> <p>Breaded Chicken Patty on Bun Lettuce, Tomato, Onion Thick Cut Steak Fries Northern Beans Celery & Carrot Sticks w/ Dip Milk and Garden bar</p>
<p>26Boiled Egg, WG Toast, Hot Oats, Asst Cereal, Assorted Fresh Fruit, Juice, Milk</p> <p>French Bread Pizza Caesar Salad w/ Croutons California Blend Vegetables Mandarin Oranges Milk and Garden Bar</p>	<p>27 Pancake on a Stick, Cereal Assorted Fresh Fruit/Juice Milk</p> <p>Chicken Fajitas <i>Shredded Cheddar, Lettuce, Tomatoes, Sour Cream, Salsa</i> Nachos and Cheese Mexicali Corn Fresh Apple Wedges Milk and Garden Bar</p>	<p>28 Apple Frudel, Yogurt, Asst Cereal, Fruit, Juice, Milk</p> <p>Salisbury Steak Mashed Potatoes w/ gravy Green Beans WG Wheat Roll Chilled Sliced Peaches Milk and Garden Bar</p>	<p>29 Egg & Cheese Omelet, Asst Cereal, Fruit, Juice, Milk</p> <p>Fettucini Chicken Alfredo Garlic Toast Steamed Broccoli Garden Salad w Grape Tomatoes Cake and Ice Cream/Sidekick Milk and Garden Bar</p>	<p>30 Chicken Biscuit, Cereal Assorted Fresh Fruit/ Juice Milk</p> <p>Hot Dog on WG Bun Chili Sauce (optional), Creamy Coleslaw Baked Beans Sweet Potato Tater Tots Milk and Garden Bar</p>

