

MARCH 2018 REVISED

KANAWHA COUNTY SCHOOLS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

					² Menu's may be adjusted due to outages and poor weather conditions or due to lack of availability of specific products.							
5		6			7			8		9		
		Cooks Choice			Chicken Biscuit, Cereal, Fruit Juice and Fresh Fruit, Milk		Specialty Pizza String Cheese, Fruit Cup Parmesan Broccoli Florets Fruit and Garden Bar Milk and Water		Cereal, Hot Oats, French Toast, Fresh fruit and Juice, Milk		Cod Filet Crinkle Cut French Fries Baked Beans, Creamy Coleslaw Fruit and Garden Bar Milk and Water	
12		13			14			15		16		
Cereal, Yogurt, Breakfast Bread, Yogurt, Fresh Fruit and Juice, Milk		Cereal, Yogurt, Sausage and Cheese Biscuit, Fresh Fruit and Juice, Milk			Cereal, Yogurt Mini Waffles, Fresh Fruit and Juice, Milk			Cereal, Hot Oats, Cinnamon Rolls Fresh Fruit and Juice, Milk		Cereal, Yogurt, Cheese Toast Fresh Fruit and Juice, Milk		
Salisbury Steak and Gravy Mashed Potatoes Peas and carrots School made WG Roll Fruit and Garden Bar and Water		Chicken Patty Sandwich on a WG Bun Lettuce, Tomato, onion Seasoned Steak Fries Green Beans Fruit and Garden Bar Milk and Water			Pigs in a blanket Sweet Potato Puffs Baked Beans Blueberry Delight Fruit and Garden Bar Milk and Water			Beef Burrito or Beef Tacos Refried beans, Spanish rice, salsa Mexicali Corn Chocolate Pudding Tarts Fruit and Garden Bar Milk and Water		School Made Cheese Pizza Parmesan Broccoli Spinach Salad w mandarin oranges Lime Sherbet Fruit and Garden Bar Milk and Water		
19		20			21			22		23		
Cereal, Chocolate Chip Muffin, Yogurt, Fresh Fruit and Juice, Milk		Cereal, Breakfast Pizza, Fresh Fruit and Juice, Milk			Cereal, Hot Oats, Scrambled Egg Toast, Fresh Fruit and Juice, milk			Cereal, Yogurt, Egg and Cheese Biscuit, Fresh Fruit and Juice, Milk		Cereal, Hot Oats, Yogurt, Boiled Egg and Toast, Fruit, Juice, and Milk		
Baked Chicken Nuggets Mashed potatoes with gravy Savory carrot coins School made WG Roll Fruit and Garden Bar Milk and Water		Mini Corn Dog Crinkle Cut Fries Baked Beans, Blueberry Crisp Corn on the cobb Fruit and Garden Bar Milk and Water			Spaghetti and meat sauce Caesar Salad Steamed California Blend Vegetables School Made WG Hot Roll Fruit and Garden Bar Milk and Water			School Made WG Pepperoni Rolls String Cheese or Yogurt Cup Rainbow Pepper Strips w/ Ranch Dip Applesauce Fruit and Garden Bar Milk and Water		Baked Fish Wedges Macaroni and Cheese Steamed Spinach Greens Strawberries and Bananas Fruit and Garden Bar Milk and Water		
26		27			28			29		30		
Cereal, Breakfast Frittata Fresh Fruit and Juice, Milk		Cereal, Sausage, Egg and Cheese Biscuit, Fresh Fruit and Juice, Milk			Cereal, Hot Oats, Cinnamon Puffs Fresh Fruit and Juice, Yogurt, Milk			Cereal, Breakfast Wrap, Fresh Fruit and Juice, Milk		Cereal, Yogurt, MVP Breakfast Fresh Fruit and Juice, Milk		
Specialty Pizza Steamed Corn Strawberries and Bananas Frozen Sidekicks Fruit and Garden Bar Milk and Water		Breaded Chicken Drumstick Macaroni and Cheese Kale Greens, WG Roll Blueberry Delight Fruit and Garden Bar Milk and Water			Cheeseburger on a WG Bun Lettuce, Tomato, Onion Sweet Potato Waffle Fries Baked Beans Fruit and Garden Bar Milk and Water			Turkey and Gravy Buttery Mashed Potatoes Seasoned green beans School Made WG Roll Fruit and Garden Bar Milk and Water		School Made Flatbread Cheese Pizza String Cheese or Yogurt parfait Baby Carrots and Dip Royal Brownies and Ice cream Fruit and Garden Bar Milk and Water		

2018

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