

FEB ELEM 2018

KANAWHA COUNTY SCHOOLS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			<p>1 Oatmeal or Cereal, MVP Breakfast Yogurt, Peach Cup, Juice, Milk</p> <p>Corn Dog (WG) Macaroni and Cheese Kale Greens Chilled Cling Peaches Milk & Water Fruit and Garden Bar</p>	<p>2 Yogurt, Cinn Toast, Fruit Smoothie, Fresh Fruit, Juice, Milk</p> <p>Grilled Cheese Sandwich(WG) Tomato Soup/ Vegetable Soup Yogurt Cup Goldfish crackers Peach cup Milk & Water Fruit and Garden Bar</p>
<p>5 Pancakes Warmed Blueberry Syrup Peach Cup, Juice, Milk</p> <p>Salisbury Steak w/gravy Mashed potatoes Green Beans WG Roll Strawberry Cup Milk & Water Fruit and Garden Bar</p>	<p>6 Ham, Cheese Croissant Cereal; Fresh Fruit, Juice, Milk</p> <p>Scrambled eggs Sausage Patty Biscuit w gravy Diced Country Potatoes Warm Cinnamon Apples Milk & Water Fruit and Garden Bar</p>	<p>7 Chicken & Biscuit Cereal; Fresh Fruit, Juice, Milk</p> <p>Cheeseburger on WG Bun Crispy Shoestring Fries Pinto Beans w/cornbread SideKicks Milk & Water Fruit and Garden Bar</p>	<p>8 Hot Oats , WG Cinnamon Toast Yogurt, Fresh Fruit, Juice, Milk</p> <p>Spaghetti w /meat sauce Caesar Salad Fruited Jello Steamed California Blend WG Cheese filled Breadstick Milk & Water Fruit and Garden Bar</p>	<p>9 Mini French Toast Sticks, Cereal Strawberry Cup, Juice, Milk</p> <p>School Made Pizza(WG) Caesar Salad; Corn Fresh Fruit Cup Royal Brownies Milk & Water Fruit and Garden Bar</p>
<p>12 Sausage Biscuit, Cereal Fresh Fruit Cup, Juice, Milk</p> <p>Chicken Patty Sandwich(WG) Seasoned Potato wedges Green Beans Mixed Fruit Cup Milk & Water Fruit and Garden Bar</p>	<p>13 Cinnamon Roll, Cereal, Fresh Fruit, Juice, Milk</p> <p>Pigs in a Blanket Steamed Parmesan Broccoli Baked Beans Sweet Potato Puffs Blueberry Banana Delight Milk & Water Fruit and Garden Bar</p>	<p>14 Waffle Sticks w/ warmed syrup Yogurt Cereal; Fresh Fruit, Juice, Milk</p> <p>Self-Rising Cheese Pizza Steamed Buttered Corn Fruit Cocktail Chocolate Pudding Tart Milk & Water Fruit and Garden Bar</p>	<p>15 Cook's Choice Asst Fresh Fruit, Juice, Milk</p> <p>Italian Pasta Bake Caesar Salad w/ WG croutons Orange Glazed carrots Strawberry Cup Milk & Water Fruit and Garden Bar</p>	<p>16 Zucchini Bread, Cereal, Fresh Fruit, Juice, Milk</p> <p>Fish Sandwich on WG Bun Crinkle Cut French Fries Spinach Greens Applesauce Milk & Water Fruit and Garden Bar</p>
<p>19 Sausage Biscuit, String Cheese, Cereal, Fresh Fruit, Juice, Milk</p> <p>Hot Ham and Cheese Sandwich Beef Vegetable Soup Mandarin Oranges Mini Saltine Crackers Milk & Water Fruit and Garden Bar</p>	<p>20 Boiled Egg, Toast, Cereal, Fresh Fruit, Juice, Milk</p> <p>Pepperoni Roll(WG) String Cheese Stick Caesar Salad w/ Ranch Applesauce Cake Corn Ice Cream Milk & Water Fruit and Garden Bar</p>	<p>21 Chocolate Muffin, Strawberry Cup, Fresh Fruit, Juice, Milk</p> <p>Chicken Nuggets Mashed potato with gravy California Blend WG Roll Lime Jello with Fruit Milk & Water Fruit and Garden Bar</p>	<p>22 Breakfast Wrap: egg, cheese, Sausage; Salsa, Cereal, Fresh Fruit, Juice, Milk</p> <p>Powerhouse Chili Baked Potato w/ sour cream; Cornbread wedge Nacho Chips and cheese sauce Milk & Water Fruit and Garden Bar</p>	<p>23 Oatmeal or Cereal, Toast; Yogurt, Peach Cup, Juice, Milk</p> <p>Baked Fish Sticks Macaroni and Cheese Creamy Coleslaw Strawberries and peaches Milk & Water Fruit and Garden Bar</p>
<p>26 Bacon Egg & Cheese Omelet, Cereal, Fruit, Juice, Milk</p> <p>Crispy Chicken Tenders Seasoned Peas Buttery Mashed Potatoes School Made WG Hot Roll Milk & Water Fruit and Garden Bar</p>	<p>27 Bagel w/ Cream Cheese, Cereal, Fruit, Juice, Milk</p> <p>Cheeseburger on WG Bun Lettuce, Tomato, Onion Corn on the Cobb Baked Beans Milk & Water Fruit and Garden Bar</p>	<p>28 Banana Muffin, Yogurt, Cereal Fruit, Juice, Milk</p> <p>Beefy Lasagna Seasoned Spinach WG Garlic Bread Strawberries & Bananas Milk & Water Fruit and Garden Bar</p>		

2018

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