

SEPTEMBER ELEM 2016

KANAWHA COUNTY SCHOOLS
THURSDAY **FRIDAY**

MONDAY

TUESDAY

WEDNESDAY

<p>Milk Choices: 1% White, NF Chocolate, NF White</p> <p><i>Menu subject to change depending on availability of product.</i></p>					
<p>5 Labor Day Holiday</p>		<p>6 Blueberry Muffin, Yogurt Parfait Asst Cereal, Fruit, Juice, Milk</p> <p>Corn Dog Nuggets Carrot Coins Macaroni and Cheese Garden/Fruit Bar Milk & Water</p>	<p>7 WG Cinnamon Toast, Oatmeal Asst Cereal, Fruit, Juice, Milk</p> <p>Sloppy Joes on a Bun Sweet Potato Fries Strawberry Shortcake Garden/Fruit Bar Milk & Water</p>	<p>1 English muffin, egg patty, cheese and Canadian Bacon Asst Cereal, Fruit, Juice, Milk</p> <p>Grilled Chicken Breast Filet on a Bun Corn on the Cob Cheesy potatoes Garden/Fruit Bar Milk & Water</p>	<p>2 Pancake on Stick Asst Cereal, Fruit, Juice, Milk</p> <p>Flatbread Pizza Steamed Corn Fruit Crisp w/ ice cream Garden/Fruit Bar Milk & Water</p>
<p>12 Chicken Slider Asst Cereal, Fruit, Juice, Milk</p> <p>Cheese Pizza Steamed Corn Locally grown fresh Peach Garden/Fruit Bar Milk & Water</p>	<p>13 Breakfast Pizza Asst Cereal, Fruit, Juice, Milk</p> <p>Cheeseburger on WG Bun Crinkle Cut Fries Baked Beans Garden/Fruit Bar Milk & Water</p>	<p>14 Fruit Strudel, Yogurt Asst Cereal, Fruit, Juice, Milk</p> <p>Baked Chicken Breast Garlic Toast, Green Beans Red Roasted Potatoes Garden/Fruit Bar Milk & Water</p>	<p>8 Egg, Cheese, Ham on English Muffin Asst Cereal, Fruit, Juice, Milk</p> <p>Beef Taco Boats Refried beans w Cheese, Salsa Lettuce, Tomato, Mexicali Corn Garden/Fruit Bar Milk & Water</p>	<p>9 Mini Waffles Asst Cereal, Fruit, Juice, Milk</p> <p>Chicken Nuggets WG Roll Mashed Potatoes w Gravy Steamed Broccoli Garden/Fruit Bar Milk & Water</p>	
<p>19 Sausage Biscuit Asst Cereal, Fruit, Juice, Milk</p> <p>Salisbury Steak w Gravy Mashed Potatoes, Green Beans WG Roll Garden/Fruit Bar Milk & Water</p>	<p>20 Pancake on Stick Asst Cereal, Fruit, Juice, Milk</p> <p>Chicken Fajitas Refried Beans, Salsa Spanish Rice Garden/Fruit Bar Milk & Water</p>	<p>21 Chocolate Chip Muffin, Yogurt Asst Cereal, Fruit, Juice, Milk</p> <p>Italian Sub Sandwich Lettuce, Tomato, Onion Doritos; Broccoli w/ranch dip Pasta Salad Garden/Fruit Bar Milk & Water</p>	<p>15 MVP Donut, Yogurt Asst Cereal, Fruit, Juice, Milk</p> <p>Pepperoni Roll Caesar Salad Yogurt Garden/Fruit Bar Milk & Water</p>	<p>16 Breakfast Bites Asst Cereal, Fruit, Juice, Milk</p> <p>Hot Dog on Bun Chili, Coleslaw Potato Wedges Sherbet Garden/Fruit Bar Milk & Water</p>	
<p>26 Waffle dunkers Asst Cereal, Fruit, Juice, Milk</p> <p>Pizza Wedge Broccoli with Cheese Sauce Chilled Peaches Garden/Fruit Bar Milk & Water</p>	<p>27 Chicken Slider Asst Cereal, Fruit, Juice, Milk</p> <p>Beef Burrito Pinto Beans, Tostito's and Salsa Locally Grown Peach Garden/Fruit Bar Milk & Water</p>	<p>28 Breakfast Pizza Asst Cereal, Fruit, Juice, Milk</p> <p>Scrambled Eggs WG Biscuit, Sausage Patty Diced Country Potatoes Cinnamon Apples Garden/Fruit Bar Milk & Water</p>	<p>22 Cheese Toast, Boiled Egg Asst Cereal, Fruit, Juice, Milk</p> <p>Spaghetti w Meat Sauce Texas Toast, California Blend Garden/Fruit Bar Milk & Water</p>	<p>23 Cinnamon Roll, Yogurt Asst Cereal, Fruit, Juice, Milk</p> <p>Breaded Chicken Patty on Bun Crinkle Cut Fries Strawberries & Bananas Garden/Fruit Bar Milk & Water</p>	
<p>30 Egg and Cheese Flatbread Asst Cereal, Fruit, Juice, Milk</p> <p>Chicken Tenders WG Roll Green Beans Garden/Fruit Bar Cake and Ice cream Milk & Water</p>	<p>29 Zucchini Bread, Yogurt Asst Cereal, Fruit, Juice, Milk</p> <p>Pork BBQ on WG Bun Buttered Corn on the Cob Baked Chips, Creamy Coleslaw Garden/Fruit Bar Milk & Water</p>	<p>30 2016</p>			

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, and Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.